

Evaluation form for BLACK Arrow Candidates.

Name of the beginner: _____ Form D

Date: ____ / ____ / 20__

Retake date: ____ / ____ / 20__

Shooting distance for score evaluation	Required minimum score	Achieved *	*Not yet achieved	Total score
14 meters	115 points			
SKILLS	Key elements (What should be done)	Achieved *	*Not yet achieved	References to the World Archery Level 1 Coaching Manual
Draw process	Done with two hands always at the same level (or arrow always parallel to floor)			#6.8
	Draw in shooting plane			#6.8
Main action (What is happening at full draw?)	Stationary arrow point (no draw creeping) - or better - arrow point constantly moving back			#6.10
	Consistent distances between arrow and bow shoulder (vertically and horizontally)			#6.10
Visual attention	Can observe himself (or herself) in a mirror while releasing			6.12 and its exercise "Visual Control of the Release – Exercise"
Subjects 2 evaluations	Required knowledge or know-how	Achieved *	*Not yet achieved	Comments and/or references
Arrow safety and checking	Know what to do in the case of a hanging arrow on the target			#2.4
	Can check the straightness of an aluminium arrow or the integrity of a carbon arrow			#9.4.5.5
TOTAL	8 positive evaluations are required			** Awarded ____ or Not awarded yet _____

* Checkmark if the score / skill / knowledge is positively evaluated (Achieved) or not (Not yet achieved). Write in the TOTAL row of these two columns the accumulated number of checkmarks.

** Just checkmark the final result of this evaluation.

Name and signature of the assessor/evaluator: _____